Sodium Reduction Strategies by Country / Region:

**The Americas:**
*Americas Initiative for Cardiovascular Disease Prevention Through Dietary Salt Reduction*

**Australia:**
*WASH Salt Action Summary*

**Canada:**
*Sodium Reduction Strategy for Canada*

**Europe:**
*EU Salt Reduction Framework Member States Survey Results*

*European Commission Salt Campaign*

*Mapping salt reduction initiatives in the WHO European Region*

**Finland:**
*The North Karelia Project*

*The North Karelia Project: 30 Years Successfully Preventing Chronic Diseases*

**United Kingdom:**
*Food Standards Agency: UK Salt Reduction Initiatives*

*WHO & The Food Standards Agency Report: Creating an enabling environment for population-based salt reduction strategies*

**United States:**
*CDC: Where's the Sodium?*

*CDC: Most Americans Should Consume Less Sodium*

*CDC: Sodium Reduction: Facts and Fiction*

*Food Safety News: Removing Fat, Sugar and Salt from the School Snack Menu*

**Time Magazine: What the New USDA Rules for Healthier School Snacks Mean for Schools**

**Institute of Medicine: Strategies to Reduce Sodium Intake in the United States**

**Worldwide:**
*WHO issues new guidance on dietary salt and potassium*

*NCBI: International Efforts to Reduce Sodium Consumption*

**Corporate Commitments:**
*NYC.gov: National Salt Reduction Initiative Corporate Commitments*

*NYC.gov: Health Department Announces New Company Commitments to National Salt Reduction Initiative*

*CSPI: Consumer and Industry Groups and Health Professionals Meet on Salt Reduction*

**Consumer Information:**
*Book: Salt Sugar Fat: How the Food Giants Hooked Us*

*Food Politics blog: The endless debates about salt: Don’t worry. Eat (real) food*

*WCRF International: Spotlight on Salt Reduction Initiatives Worldwide*

*FDA: Sodium in Your Diet: Using the Nutrition Facts Label to Reduce Your Intake*

*IFIC: Consumer Sodium Research*

**Products in Innovadex:**

*OF-99SSN by Ocean's Flavor Sea Salts*

*All Ocean's Flavor Sea Salts...*

*Red Sea salt M 25 (Item No.: 10370) by A+S BioTec*

*LomaSalt® by Dr. Paul Lohmann GmbH KG*

*Reduced Sodium Salt Product Code: 16210 by Nu-Tek Salt*

*Reduced Sodium Sea Salt 50 Product Code: 17710 by Nu-Tek Salt*

*Reduced Sodium Salt Product Code: 16710 by Nu-Tek Salt*

*SODA-LO™ Salt Microspheres by Tate & Lyle*

*Sub4salt® cure by Jungbunzlauer*

*Sub4Salt® (Salt Replacement) by Jungbunzlauer*

*More salt replacement products...*

**More Sodium Reduction Information:**

*FHIS: Current Innovations in Reducing Salt in Food Products*

*Tate & Lyle: Reducing Global Sodium Intake: One Innovative Ingredient Solution*

*Baking & Snack International: Sodium reduction challenges for bakers*